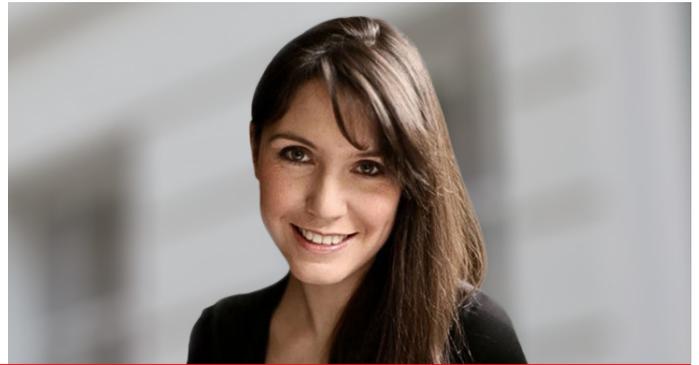


Laura Bell

CALL 2004



Areas of Expertise

- Employment • Investigations • Dismissals & Employment Rights • Equality • Industrial Relations
- Partnership • Restrictive Covenants & Injunctions • Pay, Incentives and Pensions • Commercial Litigation and Disputes • Alternative Dispute Resolution (ADR)

Laura Bell is a leading employment barrister specialising in complex workplace disputes including discrimination, whistleblowing, unfair dismissal and breach of contract claims. She represents employers, senior executives and public bodies in the Employment Tribunal, Employment Appeal Tribunal and The High Court, providing strategic advice and robust advocacy in high-value and sensitive disputes.

Laura has been ranked as a leading Employment barrister for over a decade within the renowned Chambers & Partners UK Bar Directory. She is a client friendly and accessible barrister, who is consistently praised for putting clients at ease. Laura's forensic approach to cross-examination, and persuasiveness, make her the go-to for difficult and sensitive cases, with leading directories describing her as a "fearless litigator, who is adept at thinking on her feet".

Recommendations

"Laura is always robust and tenacious in her cross-examination." - *Employment, Chambers UK Bar 2026*

"Laura Bell is quick to pick things up and very responsive." - *Employment, Chambers UK Bar 2026*

"Laura Bell is fantastic on her feet and in conference with clients." - *Employment, Chambers UK*

Bar 2026

"Laura is a fantastic barrister, is very available and understands the client's objectives and helps to develop a strategy to achieve those objectives." - *Employment, Legal 500 2026*

"Laura is second to none when it comes to her knowledge of the law and tribunal processes. She is engaging with clients and a very strong cross-examiner." - *Employment, Legal 500 2023*

An experienced barrister with a wide-ranging employment practice, bolstered by her personal injury law knowledge. She is particularly respected for her advocacy in discrimination cases. She often acts for clients from the financial services sector. **"She is very bright, commercial, practical, client-friendly, and she is very capable on tricky and sensitive issues, especially disability discrimination."** **"She is very empathetic and she handles sensitive cases effectively. She also has excellent client care skills and she puts people at ease."** - *Employment, Chambers UK Bar 2022.*

"Laura is an excellent barrister. She has sound commercial judgement and fantastic client-care skills. She is particularly adept at handling sensitive and complex disputes, and has achieved very positive outcomes in difficult cases." - *Employment, Legal 500 2022.*

Experienced barrister with a wide-ranging employment practice, bolstered by her personal injury law knowledge. She is particularly respected for her advocacy in discrimination cases. She often acts for clients from the financial services sector. **"She is superb at getting to grips with a case quickly and distilling the issues in a way that has an eye on the client's commercial and pragmatic priorities."** **"She is client-friendly, masters the detail and is a forceful cross-examiner."** Represented the claimant in *Dr Emma Lahert v Proteome Sciences and Others*, a complex sex, pregnancy and maternity discrimination claim and TUPE claim - *Employment, Chambers UK Bar 2021*

"Hugely bright and great with clients. She is a master of detail and uses this to great effect when cross-examining. Laura also gets the big picture and the objectives of the client - her advice is therefore commercial and relevant" - *Employment, Legal 500 2021*

"Really impressive and able to handle a wide range of work." "Calm under pressure, clear and commercial in her advice, very personable and highly intelligent." - *Employment, Chambers UK Bar 2020*

'Calm under pressure, clear commercial advice, very personable and approachable as well as impressive during hearings.' - *Employment, Legal 500 2020*

"Brilliant. She always gives committed advice and she inspires confidence." "In addition to her clear practical skills as an advocate, she is very personable and very approachable with clients." Represented the Commissioner of Police of the Metropolis in litigation regarding alleged victimisation and discrimination by senior officers. - *Employment, Chambers UK Bar 2019*

'Her cross-examination is excellent.' - *Employment, Legal 500 2019*

"Fantastically commercial and personable advocate who is able to advise with the client's commercial aims in mind. She adapts her style ever so deftly. She can be charming and sensitive when needed, while immediately formidable and forceful when cross-examining." Acted for PwC in a complex race and sex discrimination case in which the claimant made a large number of complaints against senior employees and partners at the employer. - *Employment,*

Chambers UK 2018

"She has excellent cross-examination skills and is a strong advocate overall." - *Employment, Legal 500 2017*

"She is very measured and calm, very organised and on her feet she is very impressive - she judges the mood of the tribunal very well." "She is extremely easy to work with as she is very helpful and responsive and very thorough in her approach." - *Employment, Chambers UK 2017*

"She is strong in her cross-examination and achieves the desired outcome for clients." *Employment, Legal 500 2016*

Widely praised for her exceptional client service, her practice covers both employment and personal injury law. **"Very good with clients, and tactically very astute." "She has a very calm and engaging style, and is exceptional at putting clients at ease. She delivers clear, well-reasoned arguments."** Acted in the High Court for PricewaterhouseCoopers in a breach of contract claim, brought by a former employee of the company who was dismissed after returning from Russia. - *Employment, Chambers UK 2016*

"An exceptionally skilled barrister, with excellent knowledge of the law and its application." - *Employment, Legal 500 2015*

Has a wide-ranging employment practice and regularly advises on everything from whistle-blowing to breach of contract. She is known as a fearless litigator who is adept at thinking on her feet. She is also praised for putting clients at ease, with her client-friendly manner making her a trusted adviser. **"I really think cross-examination is one of her strengths because she can be very tenacious."** - *Employment, Chambers UK 2015*

"An up-and-coming employment barrister, whose stable of clients includes several established financial sector multinationals. Recently, she has been instructed in an adversarial capacity to Citigroup in a multimillion-pound multi-discrimination claim." *Chambers UK Bar 2014*

"She is popular with clients, in whom she inspires confidence." - *Chambers UK Bar 2014*

Expertise

Employment

Laura has a wealth of experience representing both claimants and respondents in all aspects of employment law, including discrimination, unfair and wrongful dismissal, redundancy, whistleblowing, TUPE, breach of contract, and unlawful deduction from wages. She is involved with cases in an advisory capacity from the early stages, and appears in tribunals and the EAT. She also advises and represents parties in injunctive proceedings and bonus claims in the High Court.

Laura represents a wide range of clients including Apple, British Airways, Barclays, American Airlines, BAA, Harrods, Marks & Spencer, Primark, the Metropolitan Police, Goldman Sachs International and the BBC. She also represents charities, local authorities and shop floor workers.

Academic

BMus (Hons) 1st Class - University of Manchester & Royal Northern College of Music

Post Graduate Diploma in Law & BVC - Manchester Metropolitan University

Awards and Scholarships

Full Music Scholarship - University of Manchester & Royal Northern College of Music "Joint Course"

Lord Brougham Scholarship - Lincoln's Inn

Wolfson Scholarship - Lincoln's Inn

Hardwicke Entrance Scholarship - Lincoln's Inn

Sir Thomas More Bursary - Lincoln's Inn

Richard Isaacson Memorial Scholarship - Awarded for the highest Bar Vocational Course mark achieved by a new practitioner on the Northern Circuit.

Memberships and Associations

ELA, ILS, ELBA

Awards



For enquiries & instruction please contact



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